

Dog Days of Summer Edition



Thank you, fellow Lions, for your Summer of Service! Lions have been spotted at the racetrack in Bark River, serving at the U.P. State and county fairs behind food counters, and at the Project Kid Sight trailers. Lion volunteer gardeners are tending fruit and vegetable crops throughout the U.P. Engadine-Nabinway Lions hosted their community garage sale, Negaunee Lions supported the Ore to shore bike race, and Lions have served at local festivals, community, and sporting events. Huge thanks to members of the 13 Lions clubs who served the Tour Da Yoop, eh by manning the hydration stations, prepared food for the riders, and supported the ride along its way. You were a part of the reason that \$110K was donated to our district Childhood Cancer program. A bonus for being involved in service is the fellowship we experience as we serve aside fellow Lions. This puts big smiles on our faces and happy Lions attract new members who want to join in the fun!



In this issue, hear from our District Governor Gary Perala from the Marquette Arts, Music, and Wellness Lions Club. The Governor shares his recent experience with "Service in Motion." Get to know St. Ignace Lion, ZC Connie Cullip in our interview column, and enjoy her article on a Tour Da Yoop rider who inspired her. Farmer Finley urges D10 Lions to support organic, regenerative, local farms. Summer is the time to grow your own, and to indulge in locally harvested foods. Our favorite farmer challenges us to consider our overall health when making our food choices.

Westside Area Lions are invited and urged to attend the Third Annual Round Table Gathering at the Crystal Falls Lion's Den, September 19th. See the event flier in this issue.

Club Treasurers take note; there is a very important notice from district Treasurer Negaunee Lion Mike Smock in this issue!



Spotlight in Service

Tour Da Yoop, eh was Service in Motion Across the U.P. It is more than a bicycle ride, it is an incredible journey around the entire Upper Peninsula, powered by SERVICE!

We just celebrated our 9th annual tour, and for the past six years I have been proud to be personally involved in this amazing adventure. As District Governor, I see Tour Da Yoop, eh as a perfect example of my theme this year: SERVICE IN MOTION!

For 10 days and approximately 1200 miles, riders travel from community to community around the U.P. raising awareness about Childhood Cancer and raising funds for our district program. But what makes this journey truly special is what happens along the way.

Our Lions Clubs show up and SERVE!

This year, 13 Clubs throughout Single District 10 supported Tour Da Yoop, eh. Lions manned hydration stations, prepared food, provided rides to cyclists, were enthusiastic cheerleaders, and provided smiles and good old-fashioned U.P. hospitality. Our Lions make an incredible impression on our riders. And believe me, the rider's notice!

We have riders joining us from across the country, and year after year they rave about our Lions Hydration Stations and the friendly hospitality and gratitude they receive as the riders and SAG team travel from Stage 1 through Stage 10.

To every Lions Club and every Lion who volunteered, provided food, staffed a hydration station, cheered on our riders, or supported Tour Da Yoop, eh in any way: THANK YOU!

Your service means more than you know. You are not simply helping with a bike ride, you are showing people from across the country who Lions are and what "WE SERVE" truly looks like.

And now we are looking ahead to something very special...

TOUR DA YOOP, EH — 10TH ANNIVERSARY!

July 22–31, 2027

10 days--1200 miles--10 years of memories, friendships, and service around the Upper Peninsula! It's going to be EPIC! This is Service in Motion!

Lion Gary Perala

D 10 District Governor







Stephenson Lions and Tour Da Yoop!

On July 25th the Stephenson Lions helped out Tour Da Yoop by providing a Hydration Station in Cedar River to the Tour Da Yoop riders . 9 Lions got to meet the riders and provide them with fruit, sandwiches and drinks. They spent a couple of hours getting to know the riders and had an interesting and enjoyable experience.





Let's Not Sleep This New Lions Year Away!



You are cordially invited to join fellow Lions from D-10 for coffee and stay for lunch! Don't miss the Third Annual Westside Area Lions Round Table Gathering in Crystal Falls!

When: Saturday, September 19, 2026, 10 am.-1pm. CT *After lunch optional session for one-on-one training or conversation 1 pm.-2 pm. CT

Where: Crystal Falls Lion's Den at Runkle Lake. 111 Runkle Lake Rd, Crystal Falls, MI 49920

Your hosts include district Lions: Bay de Noc Lion Jenny Ware, Marquette Lion Gretchen Preston, and the Crystal Falls Lions Club.

Event Description: This is an opportunity to chat with Lions from neighboring clubs, ask questions, share your club successes, note concerns, enjoy Lion's fellowship, conversation, and to enjoy a free lunch on the District!

Why Should I Attend? This is an opportunity for club officer training, a place to chat about Lions Clubs International, how our district can better serve you and/or your club, and how your club can better serve your community. Let's share about how your club can engage new leaders, build diverse membership, and how to create new service and fund-raising projects. Let's brainstorm about how to keep your existing members engaged, how to attract new members, and how to fund projects with LCI grants. Need ideas about how to attract younger people to your club? Join Jenny, Gretchen, and Leader Dog Floyd for lunch and chat Lions! We want to hear about you, your club, and how the district can better serve your needs. Please send at least one representative from your club!

Who's Invited? Bessemer Lions, Baraga Lions, Chassell Lions, Crystal Falls Lions, Houghton-Hancock Lions, Keweenaw Lions, Mountain Lions, Ottawa Lions, Range Lions, Stephenson Lions & Leos, Vulcan-Norway-Loretto Lions & Leos!

Please RSVP: By September 12 to Lion Gretchen email: prestongretchen@gmail.com

We Look Forward to Seeing You There!

Meet Dan from Houghton- TDY Volunteer

Imagine you're a bike riding enthusiast and a friend invites you to ride with him from Houghton around the perimeter of the Keweenaw Peninsula. Then you learn, the ride is a fund-raiser for the U.P. Lions Serve Childhood Cancer program...and you're hooked!

Dan Dalquist met the race organizer, Lion James Studenger, was given a jersey and began riding! Since 2018, Dan has participated in at least one stage of the Tour Da Yoop Eh. He is the only original, and oldest rider in this year's group.

When asked, "Why did you get involved with Tour Da Yoop?" Dan said, "I like to ride bikes and to go on adventures."

The riders ride counterclockwise around the Keweenaw peninsula. Dan Lives in Houghton, so He helps with planning the route, police support, SAG and any other help needed. When asked, What are the rewards for participating in the Tour Da Yoop?" He smiled and said, "The friends I have made, all of the people who are part of Tour Da Yoop are family."

"Fund raising is amazing and heart wrenching too," Dan continues, "You get to meet kids (cancer warriors) and see them one year ...and not the next, because they are too ill or have lost their fight with cancer. Then again, you meet a young man who will "ring the bell" October 15th in celebration of being pronounced Cancer free.

Near the end of the tour, Dan received the SAG Grandpa award at the Plaidurday party in St Ignace. St Ignace is the last stop before the final stretch back to Manistique. The riders had a great whitefish dinner and received their jerseys along with "Paper Plate Awards." The SAG Grandpa award was given to Dan because of the kindness he showed the SAG volunteers after the van they were riding in was in an accident. All members of the SAG team were ok after the traffic accident and a hug and reassurance from Dan was all they needed to keep going!

What is (SAG?" SAG stands for "Support And Gear." The Tour Duh Yoop SAG team is comprised of a paid group of college-age students. The team helps with all aspects of the riding day for this great cause. The SAG team helps with the bikes, equipment, luggage, and water for the riders. Dan recalled last year on the ride between Iron Mountain and Ironwood, it was 110 degrees and the SAG team bought watering cans to douse the riders with chilly water to cool them off.

We are very grateful for a great volunteer like Dan, the SAG team, the riders, parents, families, and Lions who made the 2026 Tour Duh Yoop, Eh District 10 tour and fund-raiser for Childhood Cancer a great success! Thank you to the generous people who donated to the cause, helping us to reach our goal of 100K and beyond!

Submitted by St. Ignace Lion Connie Cullip





U.P. Zen Gardening



Greetings Lions of D 10! This is the FOOD month! So many crops are finally coming to harvest in volume. So many crops are making it to market. So many fall crops are being planted. It's a great time to see the 'fruits of your labor.'

That leaves one huge question. How is your health? Over 25 years ago I started researching organics, the food industry, nutrient density in food, and working with soil. All of those came to a head just last month in one question – how is your health?

Americans are being urged to build food gardens. We are asked to grow local food. Did you know grocery store food comes from as far as 3000 miles away for common food types? How was that food grown? What are the chemicals used to maintain that food crop?

Today more than ever, we need to grow locally. We need to grow organically, we need to grow communities that want locally produced, organic food. Growing organically is to use only organic products to help grow food. What is organic? There's an international organization, the Organic Materials Review Institute (OMRI), a nonprofit organization that reviews products for organic use and provides technical support and training. They research and qualify fertilizers, soil amendments, and other materials and if they pass, they get the OMRI-Listed Organic designation. For more information Visit: www.omri.org

Here's a dream I want you to sleep on. D 10 Lions must support regional, organic farms. The farms will address health, diabetes, hunger, food scarcity, and much more – service areas we are supposed to get all fired up about. Another big word is regenerative. Some of you may have heard this word thrown about. It's BIG! It's all about creating a cycle of care that no longer requires outside inputs for growing food and animals. It is as organic as you can get. So now we add to the farms D10 Lions support – organic, regenerative farms.

At Gwinn Food System, we are managing 140 plus food beds in the Gwinn area, growing organically treated food crops. We deliver dense nutrient food into the community. We want to grow local, healthy food. There are many like us in the U.P. and a lot of organic farms.

What do you say, want to start the next food revolution in the U.P? I'm serious and I want to know if you are too! Join the organic food revolution!

Contact Farmer Finley at Stevefgrower@gmail.com

Lion Steve Finley

President Gwinn Lions Club

Director Gwinn Food System (supported in part by the Gwinn Lions Club, and so many wonderful Lions out there!)



Meet Zone Chair St. Ignace Lion Connie

"I grew up in Petoskey Michigan. I have fond memories of playing Kick-the-Can and Kick ball with the neighborhood kids. Everyone got along and the big kids looked out for the little ones. I have been married to my best friend for 38 years. We have 2 grown children. Our son, Jacob lives in North Dakota and has a 6-year-old daughter. Our daughter, Sarah lives in The Netherlands and has a 20-month-old son and is expecting her 2nd child in November. While we currently don't have any pets, when our kids were younger, we had 28 sled dogs and on weekends we participated in dog sled races. The kids learned a lot about responsibility and taking care of the dogs. We also developed lifelong friendships with other families.

I went to Siena Heights College in Adrian, MI. I received a bachelor's degree in human services with a concentration in Social Work. While attending Siena Heights, I volunteered at a crisis call center, "Call Someone Concerned." It was this experience which made me realize how much I enjoy working with people, especially children, by providing a listening ear, being empathetic, providing guidance, working towards conflict resolution, and by providing emotional support. I received my master's degree in social work from the University of Michigan. During graduate school, I worked part-time at an adolescent psychiatric unit. The experience was invaluable and was helpful in my transition to my first job after graduate school where I worked as a School Social Worker for the Lenawee Intermediate School District for 12 years.

My husband and I decided we wanted our children to grow up in a small town away from the big cities. We moved to St Ignace in 2002 for my first Administrative position. I was the Special Education Supervisor for the Eastern Upper Peninsula Intermediate School District. I retired in 2021.

While I retired from public education in 2021, I am anything but retired. We purchased The Deer Ranch in 2011, a tourist attraction in St. Ignace that is open from mid-May to mid-October. My husband started a food truck business in 2022 and when I'm not at the Deer Ranch, you can find me taking orders at The Fish Trolley. After the tourist season, I love to relax with a good book. I enjoy word search puzzles and cooking. I also look forward to traveling to see our children and grandchildren.



When I retired, I wanted to give back to my community, volunteering seemed like the best path to take. The Deer Ranch had the Lions mints and one of the local Lions, Lion John, would stock the mints and take the money raised from the mints. Lion John asked me one day if I would be interested in becoming a Lions Club member. I remember telling him his timing was perfect because I had recently retired and was looking for ways to volunteer! That was in 2022. One of the first fundraisers I participated in was the annual Lions Club pig roast, held during the Annual Truck Show in September. I had so much fun with my fellow Lions, it was great meeting people and serving them pork sandwiches!

I look forward to serving alongside my fellow Lions at each service project and fundraiser. Our Lions club members have been so welcoming to me since the first meeting I attended. In the four years I have been a St. Ignace Lions Club member, I have taken on the coordination of the MI Adopt-a-Highway service project and I am starting my third year as our club secretary. This year, I will begin my position as the Region 5 Zone 1 Zone Chair. My clubs include Drummond Island, Kinross, Les Cheneaux, Rudyard, and St. Ignace. I look forward to learning about the duties and responsibilities of the job.

My goals as a Zone Chair are to get to know the clubs in our region and become aware of their strengths and challenges. Work on increasing membership, learning about their service projects and assisting with fundraising.

To date, my "Light Bulb Moment" in Lionism came last year, when I received a phone call from the Kellogg Eye Institute wondering if our Lions Club helped with transportation for locals to get to their eye appointments at their center downstate. Since I was very new, I did what anyone would do. I contacted DG Colleen Maki to ask what I should do. She walked me through what needs to be done at the local level and then she suggested I call The Lions of Michigan Foundation in Lansing as there was paperwork involved as part of the process. The Kellogg Eye Center gave my number to a young lady who lives in St. Ignace who was losing her eyesight. We completed the paperwork for the Foundation to provide her with the funds to travel to her eye appointments downstate. I was so excited to be a part of the process, I texted DG Colleen back, "I love being a part of something that truly helps people!"

When I read that our District 10 Lions News was expanding their newsletter team, I volunteered. Sometimes you need to move out of your comfort zone and do something you have never done before. Joining the Newsletter team allows me the opportunity to do something I haven't done before. Watch for my articles!"

Interview by Marquette Lion Gretchen Preston
District 10 Lions News Editor

District 10 Lions Club Treasurers,

Most of the Lions clubs in District 10 are corporate entities and must file an Annual Report with the State of Michigan to maintain the corporation's good standing. The Annual Reports are due by October 1 of each year, with a fee of \$20. If two or more consecutive years of filings are missed the State will administratively dissolve the entity until filings and fees are brought up to date.

Some District clubs have received emails from a source other than the State of Michigan LARA Corporations Division that provide an option to enter the club's required Annual Report information and pay a fee for filing. One club email requested a fee of \$125. The emails observed are from a ".com" source, NOT from an official government ".gov" source. LARA has indicated that it does not request information by email, phone, or other forms of contact other than through its official filing site of www.michigan.gov/fileonline.

It is recommended that you do not respond to any email that your club may receive regarding your Annual Report filing, and complete this year's required filing by going to the official State of Michigan filing site of www.michigan.gov/fileonline. A fee of \$20 will be assessed by the State.

On another filing note, ALL clubs - whether a corporation or not - must annually file IRS 990 forms electronically to the IRS in order to retain the club's 501c4 tax exempt status. The 990's are due by the 15th day of the 5th month following your club's fiscal year end. Most clubs have a June 30 fiscal year end, so the 990 filing deadline for most is November 15th.

If you have any questions about the required annual State and/or IRS filings for your club, please feel free to contact me.

Mike Smock
District Cabinet Treasurer



10 years later and look how far we've come! From screening in a closet to having a mobile t... See more



Project KidSight at the Marquette County Fair!

For many U.P. Lions Clubs summer means County Fairs and Project KidSight!

Gwinn Lions have now hosted Project KidSight at the Marquette County Fair for at least the past 10 years. If you follow me on Facebook you saw the memory that popped up from our first year at the Marquette County Fair Grounds where we were screening kids in a janitors closet and now we have the 2 marvelous Vision Screening Trailers!

I always enjoy seeing the kids that come back to see us year after year! We've had a set of triplets and a couple sets of twins that make it a point to come and see us first each year. To see them grow and help them see the world around them is a wonderful thing. This year we had a fellow Lion from Minnesota stopped by and dropped off a bag of glasses for recycling and another gentleman stopped to let us know that the Lions were responsible for purchasing his first pair of glasses when he was growing up. He left us a nice donation and many Thanks.

Of course it always helps to have a friendly face calling you over. Whether its your friends, neighbors or sometimes the friendly face of one of your schoolteachers calling you to bring your kids, grandkids, nieces or nephew over. And the promise of a "goodie bag" wins over most the kids. Even the teenagers!

Project KidSight is a great event to get your new members involved in. Gwinn Lions had one of it's members who had never volunteered at a Project KidSight event come out and help. One she got the camera in her hands- there was no getting it back. You can bet she'll be joining us again next year.

In the end we screened about 165 kids and referred 20. If we're lucky those kids we referred come back to us next year and show us their glasses!

-Lion Peggy Lindeman
Gwinn Lions Club



Ginger Graduates to Become Leader Dog

Future Leader Dog in Training Ginger is now Leader Dog Ginger! She has finished her formal training at Leader Dogs for the Blind and has been issued to a visually impaired person who lives in Canada. Ginger's new owner is in medical school and spends a lot of time in a laboratory, so Ginger had to be trained to accept wearing a full set of PPE (personal protective equipment). The photo shows her while she was still in training with her Guide Dog Mobility Instructor at Leader Dogs for the Blind. She has her entire body covered with a loose white doggy lab suit. She is also wearing dog goggles that look like black ski goggles with a clear lens to protect her eyes. In addition, Ginger learned to wear boots although she is not wearing them in the photo.

Ginger began her life in the home of her host family. Ginger was known as a pass-a-long puppy which means she was raised by two people. She spent 4 months with me, Lion Pam Miller, in Marquette. Ginger then moved on to the Marquette Branch Prison where she was raised by an inmate for a year. Ginger had an assistant raiser in the prison as well.

There are about 10 dogs being raised in the Marquette Branch prison. The prison has a volunteer Leader Dog liaison and an assistant liaison who keep an eye on the dogs and manage the paperwork.

I am the prison puppy counselor, and I enter the prison monthly to lead a puppy class and make sure the dogs are being raised with the Leader Dog standards. The prison raisers are quite competitive with each other, and the dog teams are very successful. My current pass-a-long puppy, Future Leader Dog Spoons, lived with me for 6 months and is now at the Marquette Branch Prison and will return for training at Leader Dog this October.

It certainly takes a village to get these puppies to a point in their lives when they can be paired with a Leader Dog client and help that blind or visually impaired person reclaim their independence.

Leader Dogs for the Blind is always looking for people to become puppy raisers. Check out Leaderdog.org and click on "volunteer" to see what it takes to become a puppy raiser. There are several different ways to become a puppy raiser so maybe one will be just right for you!

Submitted by Lion Pam Miller of the Marquette Lions Club

